



COLOUR OF LIGHTS

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A Luminous Island Journey
2026-2027



VARU
BY ATMOSPHERE
MALDIVES



◆ **Sunrise Surya Namaskar**

7:00 | Nü Deck

◆ **Hydro Flex Fitness**

10:00 | Bay Rouge

◆ **Smash & Spin: Table Tennis**

10:30 | Disport

◆ **Christmas Sand Sculpting**

10:30 | On the Move

◆ **Core & Abs Blast**

11:30 | Disport

◆ **Bounty of the Sea Feast**

12:00 | Lime & Chili

◆ **Glow & Radiance: Facial Massage**

14:00 | ELEINA Spa

◆ **Frozen Steps (Kids' Game)**

14:30 | On the Move

◆ **The Hedhika Hut Patisserie**

16:00 | Bay Rouge

◆ **Holiday Gingerbread Making**

17:30 | Lime & Chili





23

DECEMBER



- ◆ **Core & Cardio Blast**
7:00 | Disport
- ◆ **Serene Sound Bath**
11:00 | Disport
- ◆ **Cue & Cruise: Pool Challenge**
10:00 | Disport
- ◆ **North Pole Mailbox & Crafts**
10:30 | On the Move
- ◆ **Resort CrossFit Challenge**
11:00 | Disport
- ◆ **Coconut Body Scrub Mixology**
14:00 | ELEINA Spa
- ◆ **Maldivian High Tea & Sweet Station**
15:00 | Bay Rouge
- ◆ **Festive Cinema Under the Stars**
16:00 | On the Move
- ◆ **Holiday Cheer Sundowner**
17:30 | Bay Rouge
- ◆ **Christmas Carols with the VARU Family**
17:30 | Bay Rouge
- ◆ **Festival of Lights: Tree Lighting**
18:00 | Bay Rouge





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DECEMBER



◆ Aqua Zen: Floating Meditation

7.00 | Bay Rouge

◆ Island Pilates Blast Trigger Point Workshop Class

9.00 | Disport

◆ Wrap & Write: Christmas Crafts

10.00 | On The Move

◆ Tropical Lunch Buffet

12.00 | Lime & Chili

◆ The Festive Hat Toss (Kids & Family)

14.30 | On the Move

◆ Maldivian High Tea & Live Sweets Station

16.00 | Bay Rouge

◆ Golden Hour Sunset Yoga

17.00 | Bay Rouge

◆ Festive Christmas Eve Gala

19.15 | Lime & Chili

◆ Christmas Carols with the VARU Family

19.30 | Lime & Chili



MERRY Christmas

25th DECEMBER

- ◆ **Sunrise Hatha Flow**
7.00 | Lime & Chili
- ◆ **Aroma Alchemy: Custom Oil Blending**
10.00 | ELE|NA Spa
- ◆ **Island Pilates Sculpt**
10.00 | Disport
- ◆ **Tropical Coconut Toss Challenge**
10.00 | On the Move
- ◆ **The Magic of Santa: Grand Arrival**
10.00 | Bay Rouge
- ◆ **Holiday Art & Coloring Studio**
11.00 | On The Move

- ◆ **CHRISTMAS BRUNCH**
12.00 | Lime & Chili
- ◆ **Winter Wonderland Snowflake Making**
14.30 | On The Move
- ◆ **Resort CrossFit Challenge**
16.00 | Disport
- ◆ **Maldivian High Tea & Live Sweets Station**
16.00 | Bay Rouge
- ◆ **Island Crab Racing Championship**
17.30 | Bay Rouge





DECEMBER

- ◆ **Aqua Aerobics**
7.00 | Bay Rouge
- ◆ **Serene Sound Bath**
10.00 | Disport
- ◆ **Splash Volleyball**
10.00 | Bay Rouge
- ◆ **The Great Resort Scavenger Hunt**
10.30 | Bay Rouge
- ◆ **Cardio & Strength Conditioning**
11.00 | Disport
- ◆ **Family Treasure Quest**
11.00 | Bay Rouge
- ◆ **Midday Island Dining**
12.00 | Lime & Chili
- ◆ **Pink Velvet Lip: DIY Scrub Workshop**
14.00 | ELE|NA Spa
- ◆ **Little Drummers: Maldivian Bodu Beru**
15.00 | On The Move
- ◆ **Festive Cinema Under the Stars**
16.00 | On the Move
- ◆ **Maldivian High Tea & Live Sweets Station**
16.00 | Bya Rouge
- ◆ **Flavors of Indonesia: Spice Island Feast**
19.00 | Lime & Chili
- ◆ **Island Stars Karaoke Night**
21.00 | Bay Rouge





- ◆ **High-Intensity Tabata Training**
10.00 | Disport
- ◆ **Elf Freeze Dance Challenge**
10.00 | On The Move
- ◆ **Glow Baby: DIY Face Mask Workshop**
11.00 | ELE|NA Spa
- ◆ **Midday Island Dining**
12.00 | Lime & Chili
- ◆ **Sandcastle Building Competition**
16.00 | Bay Rouge
- ◆ **Maldivian High Tea & Live Sweets Station**
16.00 | Bay Rouge
- ◆ **The Ultimate Tug-of-War Challenge**
17.00 | Water Sports Beach
- ◆ **Golden Hour Sunset Yoga**
17.00 | Water Sports Beach
- ◆ **Tokyo Night: Flavors of Japan**
19.00 | Lime & Chili





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DECEMBER



◆ **Beginners' Dawn Yoga Flow**
7.00 | Disport

◆ **Renew & Rejuvenate:
DIY Coffee Scrub**
10.00 | ELE|NA Spa

◆ **Traditional Maldivian
Bodu Beru Class**
11.30 | Bay Rouge

◆ **Core Tone Pilates**
12.30 | Lime & Chili

◆ **Maldivian Cooking
Masterclass with Chef Niyaz**
12.30 | Kaage

◆ **Festive Candy Cane
Scavenger Hunt**
12.30 | Lime & Chili

◆ **Maldivian High Tea & Live
Sweets Station**
16.00 | Bay Rouge

◆ **Shake & Stir: Build Your
Own Cocktail**
11.00 | Bay Rouge

◆ **Flavors of the Silk Road:
Seven Spice Feast**
19.00 | Lime & Chili





◆ High-Intensity Core Workout
10.00 | Disport

◆ Smash & Spin: Table Tennis
10.30 | Disport

◆ Greetings from Paradise:
Design Contest
10.30 | On The Move

◆ Introduction to
Mindfulness & Yoga
11.30 | Disport

◆ Aroma Alchemy: Custom
Oil Blending
14.00 | ELE|NA Spa

◆ Frozen Steps (Kids' Game)
14.30 | On The Move

◆ Maldivian High Tea &
Live Sweets Station
16.00 | Bay Rouge

◆ Junior Mixology: Kids' Mocktail Class
16.00 | Bay Rouge

◆ Resort CrossFit Challenge
17.00 | Disport

◆ Anatolian Night: Turkish Grill Feast
19.00 | Lime & Chili

◆ Eco-Chic Sustainable Fashion Show
21.00 | Bay Rouge





◆ **High-Intensity Tabata Training**
9.00 | Disport

◆ **Cue & Cruise: Pool Challenge**
10.00 | Disport

◆ **Manifest & Write:
Future Intentions**
10.30 | On The Move

◆ **High-Intensity Power Fit**
11.00 | Disport

◆ **Maldivian Cooking
Masterclass with Chef Niyaz**
12.30 | Kaage

◆ **Tropical Lunch Buffet**
12.30 | Lime & Chili

◆ **Elixir & Glow Wellness Workshop**
14.00 | ELE|NASpa

◆ **Maldivian High Tea & Live
Sweets Station**
16.00 | Bay Rouge

◆ **Kids' Cinema: Junior Movie Night**
16.00 | On The Move

◆ **Sunset Savasana Yoga**
17.00 | Bay Rouge

◆ **The Great Hermit Crab Race**
17.30 | Bay Rouge

◆ **Nightly Culinary Experience**
19.00 | Lime & Chili





- ◆ **Pilates Sculpt & Burn**
7.00 | Disport
- ◆ **Resort CrossFit Challenge**
10.00 | Disport
- ◆ **Wrap & Write:
New Year's Edition**
10.00 | On The Move
- ◆ **Sun-Kissed Beach Volleyball**
10.00 | Water Sport Beach
- ◆ **Rejuvenate & Relax: Neck
& Shoulder Wellness**
14.00 | Disport
- ◆ **Tropical Coconut
Toss Challenge**
14.20 | On The Move
- ◆ **Maldivian High Tea
& Live Sweets Station**
16.00 | Bay Rouge
- ◆ **Sound Healing Meditation**
16.00 | Disport
- ◆ **New Year's Eve Cocktail Soirée**
18.15 | Bay Rouge
- ◆ **Grand New Year's
Eve Gala Dinner**
19.15 | Lime & Chili
- ◆ **Midnight Countdown
Beach Party**
21.30 | Water Sport Beach
- ◆ **Grand New Year's
Fireworks Display**
00.00 | Water Sport Beach



Happy New Year

2027

1st JANUARY 2027

- ◆ **Morning Bellini Sunrise Breakfast**
7.00 | Lime & Chili
- ◆ **Poolside Aqua Fit**
10.00 | Bay Rouge
- ◆ **Pool Water Polo Challenge**
10.00 | Bay Rouge
- ◆ **Tropical Coconut Toss Challenge**
10.00 | On The Move
- ◆ **Holiday Art & Coloring Studio**
11.30 | On The Move
- ◆ **Fit Troop CrossFit Challenge**
11.30 | Disport
- ◆ **New Year's Day Brunch with Beats**
12.00 | Lime & Chili
- ◆ **Glow Baby: DIY Face Mask Workshop**
14.00 | ELE|NA Spa
- ◆ **Traditional Dhoni Model Making**
14.30 | On The Move
- ◆ **Maldivian High Tea & Live Sweets Station**
16.00 | Bay Rouge
- ◆ **Evening Island Buffet**
19.00 | Lime & Chili





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JANUARY 2027



◆ Island Core & Mobility Class

07.00 | Bay Rouge

◆ High-Intensity Power Fit

10.00 | Disport

◆ The Speed Wrapping Game

10.00 | On The Move

◆ Glow & Radiance Face Massage Class

14.00 | ELE|NA Spa

◆ Island Coconut Challenge

14.30 | On The Move

◆ CrossFit Blitz Session

16.00 | Disport

◆ Hydro Flex Fitness

10.00 | Bay Rouge

◆ Island Strength Showdown

17.00 | Water Sport Beach

◆ The Great Hermit Crab Race

18.15 | Bay Rouge

◆ Festive Orthodox Christmas Feast

19.00 | Lime & Chili





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